

External Courses which qualify practitioners to deliver Relate Services

This list is continuously updated as and when we approve further external courses.

Relate Service	Training Provider	Accepted Training and any additional information
1. <u>Adult Relationship Counselling</u>	Tavistock Centre for Couple Relationships (TCCR)	M.A In Couple and Individual Psychodynamic Counselling & Psychotherapy M.A in Couple Psychoanalytic Psychotherapy MSc Psychosexual & Relationship Therapy Professional Doctorate in Couple Psychotherapy
	Marriage Care	Certificate in Relationship Counselling. Certificate Level endorsed by BACP (4 residential weekends over 1 year with 50 hours of practice minimum)
	Relationships Scotland	Diploma in Relationship Counselling (Scottish Level 9). Extensive 2.5 years training with 200 practice hours minimum
	Argyle Institute of Human Relations (Canada)	3 year Post Masters Program in Marital & Family Therapy
	2 years' systemic practice: any Association of Family Therapy (AFT) accredited training.	If there is no other intimate adult relationship qualification the requirement is training to intermediate level (i.e. 2 years, as a minimum)
	London Marriage Guidance	Equivalent to Relate Revised Certificate Programme training minimum
	Doncaster College	The Foundation for Counselling and Relationship studies Couple Conversion Course

1.a. Adult Individual Counselling	Doncaster College	M.A. in Contemporary Relationship Studies
	Middlesex University	Diploma in Psychosexual & Relationship Counselling.
	Minimum of (CPCAB) Level 4 Diploma in Counselling Individuals	
2. Family Counselling	1 year systemic practice of any AFT accredited course together with a level 5 counselling training (this could be with couples, individuals or young people)	Foundation Level as a minimum
	2 years' systemic practice of any AFT accredited course.	Intermediate level
3. Sex Therapy	Any COSRT accredited training programme.	Plus a relationship training gained in Relate or via an external training provider (see Section 1 above)
4. Online Counselling	Online Training for Counsellors Ltd	Certificate in Online Counselling
5. Supervision	Macclesfield Counselling & Training Centre	Certificate in Counselling and Psychotherapy Supervision
	Marriage Care	1 year Supervisor training
	Ripon & York St John University	PG Certificate in Counsellor Supervision
	Heartwood Supervision Course (Darlington)	Advanced Diploma in Therapeutic Supervision
	Safe Space for counselling	Diploma in Supervision
	University of Gloucester	Post Graduate Certificate in Counselling Supervision
	Welsh Psychotherapy Partnership (WPP)	Diploma in Supervision
	Iron Mill College	Diploma in Supervision (on completion of 50 hours' supervision delivered on placement)
	University of Wales	The Supervision Training Programme / Diploma in Supervision
	Cascade Training Associates	Diploma in The Art and Craft of Individual and Group Supervision for Counsellors, Psychotherapists and those in related professions
	The Grove Practice London	Diploma in Supervision

	National Counselling Society	Advanced Diploma in Counselling Supervision
	Off The Record, Norwich	Diploma in Supervision
	CPCAB	Level 6 Certificate in Therapeutic Counselling Supervision.
	Clinical Supervision Training	Ty Elis, Porthcawl
	Ellesmere Centre, Hull	Certificate & Diploma in Counselling Supervision
	KRCS	Advanced Diploma in Counselling Supervision (NCP accredited)
6A. <u>Counselling Young People</u> Prior Level 5 counselling training needed plus one of following:	Youth Access	Delivered for Relate in 2009 Or 7 days delivered direct
	Centre for Child Mental Health (IATE/University of East London)	Certificate in Counselling Teenager, Pre 2016: 6 day training for YP only
	Relateen Training	Pre 2009: 4 day training delivered by Relate
	NSPCC	Pre 2015: 32 day course
	Iron Mill	Certificate in Counselling Skills for Work with Children and YP (10 days)
	ABC	Pre 2015: Post Qualifying Diploma in Counselling Children and YP
	Ellesmere Centre, Hull	Certificate in Therapeutic work with Children & Young People.
6B. <u>Counselling Young People</u> Courses that are of Level 5 and above status, so no additional training needed to deliver YP work.	Centre for Child Mental Health (IATE/University of East London)	Diploma in Counselling Teenagers
	Angela Ruskin University	Diploma of Higher Education Children and Young Persons

	Wessex Counselling Service	PG Diploma in Psychodynamic approaches to Counselling in Schools and YP in Educational settings
	University of Northampton	MSC in Counselling Children and YP
	Iron Mill	Post Qualifying Diploma in Counselling Children and YP
	ABC	Pre 2015: Post Qualifying Diploma in Counselling Children and YP
	University of South Wales	MA in Counselling Children and YP Diploma in Counselling Children and YP
	Middlesex University	M.A. Integrative Child and Adolescent Psychotherapy
	University of Nottingham	Masters in Counselling Children & Young People
	University of Derby	MSc in Integrative Counselling & Psychotherapy (Inc. the 1 day to meet BACP) competence for YP
	University of Wales (Newport)	PG Diploma in Counselling Children & Young People
	Tavistock & Portman NHS Trust	M.A. in Psychological Therapies with Children & Young People
7A. Counselling Children Prior level 5 counselling training needed plus one of the following:	Centre for Child Mental Health (IATE/University of East London)	Certificate in Counselling Skills with children using the arts Pre 2016: 6 day training for Children's Counsellors only PG short course in CBT with Children
	Iron Mill	Certificate in Counselling skills for work with Children and YP (10 days)
	ABC	Pre 2015: Post Qualifying Certificate in Counselling children and YP
	Place 2 Be (UEL)	Certificate in Counselling Skills working with Children (level 3) Pre 2015 10 day training
	Play Therapy UK (APAC/PTUK)	PG Certificate in Therapeutic Play Skills

	Ellesmere Centre, Hull	Certificate in Therapeutic work with Children & Young People.
7B. <u>Counselling Children</u> Courses that are of Level 5 and above status, so no additional training needed to deliver Counselling Children	Centre for Child Mental Health (IATE/University of East London)	MA in integrated Child Psychotherapy Diploma in Child Counselling Diploma in Psychotherapeutic Child Counselling.
	Angela Ruskin University	Diploma of Higher Education Children and Young Persons
	Wessex Counselling Service	PG Diploma in Psychodynamic approaches to Counselling in Schools and YP in Educational settings
	University of Northampton	MSC in Counselling Children and YP
	Iron Mill	Post Qualifying Diploma in Counselling Children and YP
	ABC	Pre 2015: Post Qualifying Diploma in Counselling Children and YP.
	University of South Wales	MA in Counselling Children and YP Diploma in Counselling Children and YP
	Place 2 Be (UEL)	MA in Counselling Children in Schools Diploma in Counselling Children in schools
	Play Therapy UK (APAC/PTUK)	MA in Play Therapy PG Diploma in Play Therapy
	London Metropolitan university	MA in Integrative Child Psychotherapy
	Tavistock & Portman NHS Trust	M.A. in Psychological Therapies with Children & Young People
8. <u>Sexual Addiction</u>	Institute for Sex Addiction Training (SAT)	Level 5 Diploma in Sex Addiction Counselling. N.B. Equips practitioners to do therapeutic work with individuals only, not groups

	Association for the Treatment of Sex Addiction and Compulsivity (ATSAC)	The Professional Certificate in Sex Addiction N.B. Equips practitioners to do therapeutic work with individuals only, not groups
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